



**School Readiness in EYFS**

*Here are some useful ways in which you can help prepare your child for starting/returning to school.*

**Hand washing** Learning about the importance of regular hand washing and teaching them how to manage this. See Government guidance independently.



**Toileting** Please encourage your child to use the toilet independently and manage their own personal hygiene.



**Dressing** Encourage your child to take off and put on their coat/ cardigan/ jumper independently.

In school your child will have their own coat peg and tray. Together we can support our children to take care of their belongings. We advise all items are labelled with your child's name.



**Communicating needs** We understand starting/returning to school can be a little daunting. Please encourage your child to share/ communicate any needs or concerns they have with an adult.

**Emotionally ready** Please reassure your child and talk to them about what school will be like. Has your child had experience of being left in the care of another setting or family member? We do understand that all children are at different emotional stages in their life and have come from a range of experiences. We expect our children to 'settle' into school at their own pace and we work with parents to support a smooth transition.



**Coping with routines** Please support your child by doing some simple daily routines, for example, helping to tidy their toys after play, toilet use and hand washing before meal times etc.



**Listening to and following directions** Support your child's listening skills by encouraging their full attention when speaking to them. Give them little tasks and responsibilities to do at home.



**Working with & alongside others** Throughout this Covid 19 pandemic we are in a situation where we are encouraging our young children to be socially distant wherever possible. We know this is an extremely difficult task for our young children and goes against what we encourage our children to do, which is to share, play & work cooperatively with others. In school we recognise the safety and well-being of all our children is paramount. We are continuing to follow government guidelines while still trying to ensure our children's experiences are positive and fun. Speaking to your child in an age appropriate way about some of the information on this leaflet would help support their preparations for starting/returning to school.